



Design Your Life Now Series

jump-start

4-session workshop

Dissatisfied?
Feeling stuck?
Need a change?
Not sure what to do?

Create the fulfilling life
you have always wanted.

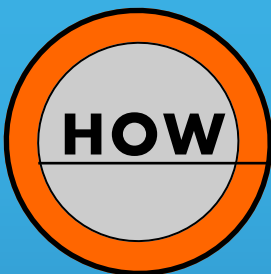


Thursdays 7:00pm-8:30pm
June 18 & 25 and July 2 & 9



Center on Halsted
3656 N. Halsted St., Chicago

- Discover what you want and how to get it
- Define **SMART** goals
- Design strategies for using your time and energy more effectively
- Identify your core values
- Recognize your disabling self-talk
- Find clarity and balance



\$165

Pay Now



\$20 off before May 31

EMAIL info@judahkurtz.com

CALL 773.529.1688

Judah S. Kurtz – Coaching and Consulting www.judahkurtz.com

Since 2000, Judah Kurtz has provided life and business coaching and consulting to individuals and organizations to help them find clarity, success and fulfillment. He has expertise in career development, effectiveness, motivation, leadership, and organization and communication skills. He holds degrees and certifications in psychology, training, and organizational development from Northwestern University, has extensive coaching training, and has over fifteen years of experience working with corporate leadership.