

# SAGE / SENIOR CALENDAR

Services and Advocacy for Gay, Lesbian, Bisexual, & Transgender Elders

All events are free unless otherwise noted. WHEELCHAIR ACCESSIBILITY: All SAGE events at Center on Halsted are fully accessible. Off-site events are not always accessible. For off-site events, please call ahead if you have any concerns.

Center on Halsted | 3656 N Halsted, Chicago, IL 60613 | 773.472.6469 X 497

## MARCH

### WEDNESDAY, MARCH 3

**SAGE -Open Computer Lab; 1p-3p; 3/3; 3/10; 3/17; 3/24; 3/31**

Open session for older adults is available in the Dr. David J. Lochman Cyber Center. If you need assistance using computers or equipment, our staff and volunteers are available to assist you!

**Yoga for Seniors; 2:30p – 3:45p; 3/3, 3/17**

Improve your flexibility, balance, breathing and overall fitness. This gentle chair yoga will make you feel good all over. Taught by Yoga Alliance certified instructor Nathan Boland. Space is limited to 12 in this popular class so it is offered on a first come, first served basis. A sign-up sheet will be available 1 hour before class begins.

**Art as Advocacy; 4p - 5:30p; 3/3; 3/10; 3/17; 3/24; 3/31**

This group's focus is to establish a cohesive art collective that advocates for LGBT-identified older adults. Themes center on: visibility within the community, creating sustainable and accessible artwork for the public, and developing an artistic portfolio. Open to all who want to have a voice in the community-no previous artistic experience necessary.

### THURSDAY, MARCH 4

**Box Lunch Day; 11a - 1p; 3/4; 3/11; 3/18; 3/25**

Gather, socialize, and discuss concerns and ideas over lunch. Box lunch served at 11:00am. RSVP for lunch required. Call Jay Very at 773.472.6469 x 497 or email at [jvery@centeronhalsted.org](mailto:jvery@centeronhalsted.org).

**Creative Writing Group; 1p-2p; 3/4; 3/11; 3/18; 3/25**

This group is open to all! Focus: creating personal narratives as both a creative and empowering practice. Facilitated by Dustin Goltz, Ph.D., Professor at DePaul University.

**NEW Conversational Spanish; 10a-11a; 3/4; 3/11; 3/18; 3/25**

This group is designed for all proficiency levels. Come practice and made some new friends.

**SAGE Caregiver Appreciation Dinner 6p – 8p**

The AfterSchool Matters Program is providing a complimentary dinner for caregivers. If you, or someone you know identify as a caregiver, please RSVP to Jay Very at 773.472.6469 X 497 or email [jvery@centeronhalsted.org](mailto:jvery@centeronhalsted.org). Information regarding the LGBTQ Caregiver Support group offered in partnership with Rush University Medical Center, will also be provided at this event.

### FRIDAY, MARCH 12

**Women's EarlyBird NightClub; 7p - 930p**

Come out and experience an exciting night of the local talent in Chicago and meet other LBTQ-identified mature women. Drinks, dancing, in bed by 10! A \$10 suggested donation includes a drink ticket and price of entry—alcoholic and non-alcoholic beverages available. RSVP required. Call Jay Very at 773.472.6469 #497 or email at [jvery@centeronhalsted.org](mailto:jvery@centeronhalsted.org).

### SATURDAY, MARCH 13

**H.E.R. Day: Health, Education and Recreation for Women; 10a - 4:30p**

Join us for a day promoting women's health. Engage your mind and body through a variety of workOUT fitness classes. Get heart-healthy with cooking demos by talented women chefs or receive CPR certification! Workshops include HIV/STD awareness, nutrition, communication skills and specific issues facing women of color, transgendered women and mature women. Registration will be available beginning in February. Email [women@centeronhalsted.org](mailto:women@centeronhalsted.org) for more information.

### MONDAY, MARCH 15

**Women's Awareness Month Monday Movie – *The Killing of Sister George*; 2p - 4p**

When the soap opera character she portrays is about to be killed off, June "George" Buckridge (Beryl Reid) knows her acting days are numbered. But the only other work she can get is doing voice-overs for a children's TV show. Meanwhile, her predatory boss (Coral Browne) has her sights set on George's sexy girlfriend (Susannah York). One of the first films to address lesbianism, this movie also was one of the first to get slapped with an X rating.— From Netflix

### FRIDAY, MARCH 19

**Women's Awareness Month Friday Movie – *Fingersmith*; 6:30p - 8:30p**

Dark deeds and intrigue abound when petty thief Sue Trinder (Sally Hawkins) helps con man Richard Rivers (Rupert Evans) defraud a wealthy heiress, Maud Lilly (Elaine Cassidy), of her inheritance. But Trinder's plans are thwarted when she falls in love with Lilly. The tale twists as the young women are separated but come to realize the strength of their passion for each other in this BBC adaptation of Sarah Waters Booker's novel.—From Netflix

### WEDNESDAY, MARCH 24

**Chicago Prime Timers/Center on Halsted Book Group; 7:30p - 9p**

Book title is unavailable at present time. Please visit the Prime Timers' website for details at <http://www.primetimersww.org/chicago/>

## APRIL

### THURSDAY, APRIL 1

**Box Lunch Day; 11a - 1p; 4/1; 4/8; 4/15; 4/22; 4/29**

Gather, socialize, and discuss concerns and ideas over lunch. Box lunch served at 11:00am. RSVP for lunch required. Call Jay Very at 773.472.6469 x 497 or email at [jvery@centeronhalsted.org](mailto:jvery@centeronhalsted.org).

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**NEW Conversational Spanish; 10a-11a; 4/1; 4/8; 4/15; 4/22; 4/29**

This group is designed for all proficiency levels. Come practice and made some new friends.

### TUESDAY, APRIL 6

**Take Charge of Your Health ; 1p – 3:30p; 4/6; 4/13**

If you have an ongoing health condition such as a heart or lung disease, diabetes, chronic fatigue, or arthritis, and want to take control of your health to live a happier and healthier life, the Take Charge of Your Health workshop can help you. Contact Dana Bright at Rush University Medical Center at 312-942-7900 or email [Dana\\_M\\_Bright@rush.edu](mailto:Dana_M_Bright@rush.edu).

### WEDNESDAY, APRIL 7

**SAGE -Open Computer Lab; 1p-3p; 4/7; 4/14; 4/21; 4/28**

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**Yoga for Seniors ; 2:30p – 3:45p; 4/7; 4/21**

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### THURSDAY, APRIL 15

**Game Night; 6:30p-8:30p**

Come and play a familiar game or learn a new one. If you have a favorite game, you are encouraged to bring it along and teach it to the group. We'll have a few classic games on hand as well as some newer ones. Light refreshments.

### FRIDAY, APRIL 16

**Youth Awareness Month Event, Friday Movie – *But I'm a Cheerleader*; 6:30p-8:30p**

In this hilarious satire, Megan Bloomfield (Natasha Lyonne) lives a "normal" teen life as a cheerleader dating the captain of the football team. But her parents and friends suspect Megan is gay because of "clues," such as her distaste for kissing her boyfriend. Shipped off to True Directions -- a camp designed to shove her back in the closet -- Bloomfield meets tomboy Graham Eaton (Clea DuVall), who helps her recognize her sexual orientation.—From Netflix

### MONDAY, APRIL 19

**Youth Awareness Month Event, Monday Movie – *Whole New Thing*; 2p - 4p**

Emerson Thorsen (Aaron Webber) has been homeschooled by hippie parents in a household with few boundaries. So when the teenager begins to attend a public school, he isn't familiar with acceptable social rules, which causes a problem when Emerson develops a crush on Don Grant (Daniel MacIvor), his English teacher. Rebecca Jenkins and Robert Joy also star in this offbeat coming-of-age story.—From Netflix

### WEDNESDAY, APRIL 28

**Chicago Prime Timers/Center on Halsted Book Group; 7:30p - 9p**

Book title is unavailable at present time. Please visit the Prime Timers' website for details at <http://www.primetimersww.org/chicago/>

# SAGE / SENIOR CALENDAR



# MARCH

	<b>MON 1</b>	<b>TUES 2</b>	<b>WED 3</b>	<b>THUR 4</b>	<b>FRI 5</b>	<b>SAT 6</b>
		SAGE Lunch 12p-1p Conversational French 1p-2p Art Studio 1:15p-2:45p Discussion Group 2p-3p Bingo 2p-3p	Open Computer Lab 1p-3p Yoga for Seniors 2:30p-3:45p Art as Advocacy 4p-5:30p	Conversational Spanish 10a-11a Box Lunch Day 11a-12p Creative Writing 1p Women's Discussion Group 2p SAGE Caregiver Appreciation Dinner 6p – 8p		
<b>SUN 7</b>	<b>MON 8</b>	<b>TUES 9</b>	<b>WED 10</b>	<b>THUR 11</b>	<b>FRI 12</b>	<b>SAT 13</b>
		SAGE Lunch 12p-1p Conversational French 1p-2p Art Studio 1:15p-2:45p Discussion Group 2p-3p	Open Computer Lab 1p-3p Art as Advocacy 4p-5:30p	Conversational Spanish 10a-11a Box Lunch Day 11a-12p Intuitive Process art 1p-3:30p Creative Writing 1p Women's Discussion Group 2p	Early Bird Nightclub 7p-9:30p	H.E.R. Day 10a-4p
<b>SUN 14</b>	<b>MON 15</b>	<b>TUES 16</b>	<b>WED 17</b>	<b>THUR 18</b>	<b>FRI 19</b>	<b>SAT 20</b>
	Monday Movie – <i>Killing of Sister George</i> 2p-4p	SAGE Lunch 12p-1p Conversational French 1p-2p Take Charge of Health 1p-3:30p Art Studio 1:15p-2:45p Discussion Group 2p-3p Planning Meeting 3p-4:15p	Open Computer Lab 1p-3p Yoga for Seniors 2:30p-3:45p Art as Advocacy 4p-5:30p	Conversational Spanish 10a-11a Box Lunch Day 11a-12p Creative Writing 1p Intuitive Process Art 1p-3:30p Women's Discussion Group 2p Game Night 6:30p-8:30p	Friday Movie – <i>Fingersmith</i> 6:30p-8:30p	
<b>SUN 21</b>	<b>MON 22</b>	<b>TUES 23</b>	<b>WED 24</b>	<b>THUR 25</b>	<b>FRI 26</b>	<b>SAT 27</b>
		SAGE Lunch 12p-1p Conversational French 1p-2p Take Charge of Health 1p-3:30p Art Studio 1:15p-2:45p Discussion Group 2p-3p Bingo 2p-3p	Open Computer Lab 1p-3p Art as Advocacy 4p-5:30p Chicago Prime Timers Book Group 7:30p - 9p	Conversational Spanish 10a-11a Box Lunch Day 11a-12p Intuitive Process art 1p-3:30p Creative Writing 1p Women's Discussion Group 2p		
<b>SUN 28</b>	<b>MON 29</b>	<b>TUES 30</b>	<b>WED 31</b>			
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# APRIL

				<b>THUR 1</b>	<b>FRI 2</b>	<b>SAT 3</b>
				Conversational Spanish 10a-11a Box Lunch Day 11a-12p Intuitive Process art 1p-3:30p Creative Writing 1p Women's Discussion Group 2p Caregiver Support Group 6p-7p		
<b>SUN 4</b>	<b>MON 5</b>	<b>TUES 6</b>	<b>WED 7</b>	<b>THUR 8</b>	<b>FRI 9</b>	<b>SAT 10</b>
		SAGE Lunch 12p-1p Conversational French 1p-2p Take Charge of Health 1p-3:30p Art Studio 1:15p-2:45p Discussion Group 2p-3p Bingo 2p-3p	Open Computer Lab 1p-3p Yoga for Seniors 2:30p-3:45p Art as Advocacy 4p-5:30p	Conversational Spanish 10a-11a Box Lunch Day 11a-12p Intuitive Process art 1p-3:30p Creative Writing 1p Women's Discussion Group 2p		
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	Monday Movie – <i>Whole New Thing</i> 2p-4p	SAGE Lunch 12p-1p Conversational French 1p-2p Art Studio 1:15p-2:45p Discussion Group 2p-3p Bingo 2p-3p Planning Meeting 3p-4:15p	Open Computer Lab 1p-3p Yoga for Seniors 2:30p-3:45p	Conversational Spanish 10a-11a Box Lunch Day 11a-12p Intuitive Process art 1p-3:30p Creative Writing 1p Women's Discussion Group 2p		
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